



# DON'T FENCE ME IN TRAIL RUN



# 30K

(18.6 miles)

This action-packed course tours Helena's legendary South Hills trail system. Explore both Mount Ascension and Mount Helena, summit every high point in the trail system, and traverse all four ridgelines. Cross the finish line in Pioneer Park and join the Prickly Pear celebration!

### COURSE PROFILE

Elevation in feet • Distance in miles

